


# **EVERYONE'S A HERO**

## **Article 19**

**Governments should ensure that children are properly cared for and protect them from violence, abuse and neglect.**



# THE HERO QUIZ

BE READY TO LIFT UP YOUR ANSWER,  
A, B, OR C!


# QUESTION 1

You are walking to school and a gang of bullies demand money or your trainers. What should you do?

- A. Fight them
- B. Shout and try to run away
- C. Give them what they want, and tell your teacher and parents.


## **QUESTION 2**

**You are on the school playground and someone accidentally trips you up. What should you do?**

- A. Hit the person hard.**
  - B. Give them a chance to apologise.**
  - C. Shout at them and tell the teacher they deliberately hurt you.**
- 


## QUESTION 3

You are in the school toilet when an older student punches you. You ask them to stop and that you will tell a teacher. The older student tells you now to do anything of “You’ll get worse.” What should you do?

- A. Wait until the bully leaves and then tell a teacher.
  - B. Get into a fight with them.
  - C. Accept what happened and don’t tell.
- 


## **QUESTION 4**

**A gang of bullies corner you and start hitting you. What should you do?**

- A. Do nothing. Just take it.**
  - B. Shout for attention and run away.**
  - C. Fight back.**
- 

## **QUESTION 5**

**Someone in your class is always making rude comments about you and says them loud enough for you and others to hear. It really upsets you. What do you do?**

- A. Get angry and punch the bully.**
  - B. Make nasty remarks back.**
  - C. Try not to react to the comments and tell the teacher.**
- 

## QUESTION 6


A group of your former “best” friends start to leave you out of their games. This hurts your feelings and makes you very upset. What should you do?

- A. Try to find a new group of friends.
- B. Telephone a member of the group to ask them why they are doing this. Tell you parents.
- C. Do both A and B.



## **QUESTION 7**

**Your friend's dad recently died and some kids are making hurtful comments to your friend. How do you act?**

- A. Come to your friend's defence and tell them to stop it.**
  - B. Leave your friend to sort out their own problems.**
  - C. Ignore it. It will stop eventually.**
- 

## QUESTION 8

You are getting your food in the lunch room and someone yells out a rude comment at you. It is the first time this has happened. How should you respond?

A. Yell back.


B. Ignore it for now but if it happens again tell a teacher.

C. Knock their lunch tray over.



## QUESTION 9

You see someone being bullied. What should you do?

- A. Get help or try to stop the bully yourself – but only if you won't get hurt.
  - B. Ignore it, walk by and be thankful it isn't you.
  - C. Laugh at the bully's victims in the hope that the bully won't pick on you next time.
- 

# WHY ARE WE LOOKING AT THIS PICTURE?



**Ego, the boy on the left, used to bully sripun, the girl on the right. Since they went to an anti-bulling programme, they are now best friends.**



**The way to stop bullying is to stand up to it, tell someone and not let it pass unchallenged. The bully is not brave. The person who does not accept bullying is.**

