

Please ask for **K.Mullin**

Direct Dial:

Our ref:

Your ref

Date: 3rd April 2019

Dear Parent or Guardian,

CYCLING SCOTLAND – BIKEABILITY LEVEL 1

We are delighted to be able to offer Bikeability Training to all our P5s this session. It is designed to develop road sense, awareness of traffic dangers, and to improve your child's ability to ride safely. The training will be delivered by two instructors: Ms Wynne and Mrs McWhirr. Our instructors have been fully trained to deliver the course. Pupils will work in groups of 6 and will need about 8 sessions. The 12 places for the course will be allocated on a first come, first served basis.

During the course, your child will receive literature to be completed at home, and your support in going through this with your child will help him or her develop road safety skills, knowledge and attitudes more effectively.

Your child will need a bicycle in a roadworthy condition in order to participate in the course, and it would be helpful if you would check the bicycle, or take it to a cycle shop to be checked, to ensure it is safe to use. The bicycle will be checked at the start of the course. **A cycle helmet must be worn at all times when cycling.**

Only the basics of safe cycling can be learnt on this type of course, and it is important that you continue to provide road safety help and guidance to your child after the course.

If you wish your child to participate in the course, please sign and return the slip **to the school**. Please inform Miss Mullin if your child has any particular support needs in this area. Your child will need to bring their bike to school every Wednesday to take part.

Yours sincerely,

K. Mullin
Miss K. Mullin
JRSO Co-ordinator

R.MacLennan
Miss R.MacLennan
P4/5 Class Teacher

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P5 ~ BIKEABILITY LEVEL 1 ~ CYCLIST TRAINING COURSE

I agree to my child taking part in the Cyclist Training Course. He/She will have a roadworthy, safe bicycle, is fit enough to take part and will be supported in homework tasks that are set.

Signed.....Parent/Guardian Child's Name.....